FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).	3
Instruction 1(b).	

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* RYAN JOHN T III							g Symbol ANCES C		5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director X 10% Owner							
(Last) (First) (121 GAMMA DRIVE RIDC INDUSTRIAL PARK	Middle)		3. Date of Earliest Transaction (Month/Day/Year) 05/19/2005								X Officer (give title Other (specify below) Chairman & CEO					
(Street) PITTSBURGH	4.	4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting											ı			
(City) (State) (Zip)									Person						
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																
		action ay/Year)	Execution Date,		3. Transaction Code (Instr. 8)		4. Securities Acquired (and Disposed Of (D) (Instr. 35)			5. Amount of Securities Beneficially Owned Following Reported		6. Ownersh Form: Direc (D) or Indire (I) (Instr. 4)	t Indire	icial rship		
					Code V		Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)			(mou	"		
Common Stock, no par value	04/21	/2005				G	v	2,198	A	\$0	162,54	2	I		Vife as tee ⁽¹⁾	
Common Stock, no par value	04/21	/2005				G	V	2,512	D	\$0	956,73	0	D			
Common Stock, no par value	05/13	/2005	05			G	V	719	D	\$0	161,823		I		Vife as tee ⁽¹⁾	
Common Stock, no par value	05/19	05/19/2005				M		48,000	A	\$6.5	1,004,730		D			
Common Stock, no par value	05/19	05/19/2005				M		3,989	A	\$27.57	1,008,7	8,719 D				
Common Stock, no par value	05/19	05/19/2005				F		2,425	D	\$45.35	\$45.35 1,006,294		D			
Common Stock, no par value	05/19.	05/19/2005				G	V	3,007	D	\$0	\$0 1,003,287		D			
Common Stock, no par value	05/19	05/19/2005				F		6,880	D	\$45.35	\$45.35 996,407		D			
Common Stock, no par value	05/20	05/20/2005				S		7,300	D	\$45.05	\$45.05 989,107		D			
Common Stock, no par value	05/23	05/23/2005				S		16,030	D	\$45.2			D			
Common Stock, no par value			_				<u> </u>				361,53	8	I	_	Vife ⁽²⁾	
Common Stock, no par value				<u> </u>							1,521,88	89	1		co- tee ⁽³⁾	
Common Stock, no par value											474,156		 		Trustee ⁽⁴⁾	
Common Stock, no par value											291,646		I By Par		nership ⁽⁵⁾	
Preferred - 4-1/2% Cumulative											187		D			
Preferred - 4-1/2% Cumulative											93		I	By Testa Trus	amentary t ⁽⁶⁾	
т	able II - Deriv (e.g.,							sposed of, , converti								
Security or Exercise (Month/Day/Year) if any		emed 4. Transa Code (/Day/Year) 8)				6. Date Exer Expiration D (Month/Day/		cisable and Date	7. Title and Amou of Securities Underlying Derivative Securi (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Nun deriva Securi Benefi Owned Follow Report Transa (Instr.	tive (ities Ficially Control C	0. Ownership Form: Form: Or Indirect (D) or Indirect I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
		Code	v	(A) (I	D)	Date Exerc	isable	Expiration Date	Title	Amount or Number of Shares						
Incentive Stock \$27.57 05/19/2005 Option		M		3	3,989	03/09	/2005	03/09/2009	Commo Stock, n par valu	ю 3,989	\$27.57		0	D		

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		of		6. Date Exerc Expiration Da (Month/Day/\)	ate	7. Title an of Securit Underlyin Derivative (Instr. 3 ar	ies g Security	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Non- statutory Stock Option ⁽⁷⁾	\$6.5003	05/19/2005		М			48,000	08/28/2000	02/28/2010	Common Stock, no par value	48,000	\$6.5	50,924	D	

Explanation of Responses:

- 1. Shares held in trusts of which I am not a trustee and in which members of my immediate family are beneficiaries. I disclaim beneficial ownership of these shares.
- 2. I disclaim beneficial ownership of these shares.
- 3. Shares held in a trust of which I am a Trustee and in which a member of my immediate family is the beneficiary. I disclaim beneficial ownership of these shares.
- 4. Shares held in trusts of which I am a trustee and in which I and members of my immediate family are among the beneficiaries.
- 5. Shares held by a family limited partnership of which I am a general partner and the other partners include members of my immediate family. I disclaim beneficial ownership of these shares except to the extent of my pecuniary interest.
- 6. Shares held in a testamentary trust of which I am not a trustee, in which my proportionate interest as an income beneficiary is represented by a 1/6 interest.
- 7. This option was previously reported as an option for 47,700 shares at an exercise price of \$21.02083, but was adjusted to reflect the Special Distribution paid on November 24, 2003 and the 3-for-1 stock slit paid on January 28, 2004.

Remarks:

<u>Douglas K. McClaine, Attorney</u> in Fact, Power of Attorney

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.